



SASPEN – Q4

SASPEN has enjoyed a productive and energised quarter, marked by international visibility, expanded training capacity, and continued multidisciplinary learning.

Our immediate past president, Anna-Lena du Toit, and president-elect, Prof Renée Blaauw, represented SASPEN at the ESPEN Congress in Prague, where they hosted an information stand showcasing SASPEN's vision and strategic objectives. Through handouts and visual displays, they highlighted SASPEN's commitment to advancing clinical nutrition education locally, as well as strengthening collaboration across South Africa and internationally.

Considerations in Paediatric Malnutrition," held on 15 November, in collaboration with MedTalkz.

In addition, SASPEN will be contributing to the Western Cape CCSSA Symposium at the end of November, where an ESPEN LLL session will be presented by our two newly accredited LLL-trainers. We look forward to engaging with colleagues across critical care as part of this annual provincial event.

SASPEN wishes all our members and colleagues a restful and joyful festive season, and we look forward to continued growth and shared learning in the year ahead.



Immediate Past President Anna-Lena Du Toit (left) and President-Elect Prof Renée Blaauw (right) representing SASPEN at the exhibition stand during the ESPEN Congress held in Prague in September.

SASPEN is also pleased to welcome two newly accredited ESPEN LLL trainers, Tana Cohen and Nathaniel van Wyk, who completed their accreditation at the Congress. Their involvement will support the expansion of ESPEN LLL training within South Africa.

During this quarter, SASPEN continued its monthly PM ward rounds, held on the last Thursday of each month. In September, the session featured "Congenital Diaphragmatic Hernia: A Nutritional Case Study" presented by Samantha Gravenstein. Subsequent sessions included "The Phosphate Puzzle: Key Updates for Chronic Kidney Disease" presented by Dr. Zarina Ebrahim and Nazeema Esau, followed by "Nutritional Medical Management of Liver Disease" presented by Marike Bauermeister and Dr. Bilal Bobat.

In November, SASPEN joined ESPEN in celebrating Malnutrition Awareness Week (11–15 November 2024). Events included an online ESPEN LLL session on Screening, Diagnosis, and Assessment of Malnutrition, hosted on 12 November, as well as an online Mini-Paediatric Symposium, "Nutritional



Newly accredited ESPEN-LLL trainers Tana Cohen and Nathaniel van Wyk proudly receiving their certificates at the ESPEN Congress in Prague.