# The intake and quality of breakfast consumption among adolescents attending public secondary schools in the Northwest Province, South Africa.

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1. # Abbreviations

   AGHE: Australian Guide to Healthy Eating; BMI: Body Mass Index; BMR: Basal Metabolic Rate; DQI-R: Diet Quality Index Revised; EI: Energy Intake; ISAK: International Society for the Advancement of Kinanthropometry; NSNP: National School Nutrition Program; PAL: Physical Activity Level; RTEC: Ready-to-eat Cereal; SANHANES: South African National Health and Nutrition Examination Survey [↑](#footnote-ref-1)