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| --- | --- | --- | --- | --- | --- | --- |
| **Category** | **Learners’ reports** | **Teachers’ estimates** | | | | |
| **Learners’ questionnaire results (%)** | **n (valid)** | **Mean (%)** | **SD** | **Range** | **p-values** |
| Diagnosed with an eating disorder | 4.1 | 35 | 11.5 | 12.53 | 2-50 | 0.00 |
| Extreme method of weight loss over the past year | 19.1 | 34 | 25.9 | 19.55 | 2-70 | 0.05 |
| Believe that they are overweight | 33.7 | 36 | 49.2 | 27.52 | 5-90 | 0.00 |
| Currently trying to lose weight | 64 | 37 | 52.3 | 22.24 | 10-90 | 0.01 |
| Dieted in the past year (to lose weight or prevent weight gain) | 67.3 | 37 | 49.7 | 25.09 | 8-100 | 0.00 |
| Exercised in the past year (to lose weight or prevent weight gain) | 77.8 | 36 | 46.7 | 23.30 | 5-80 | 0.00 |
| Need evaluation for a potential eating disorder | 30.25 | 36 | 16.1 | 13.72 | 1-50 | 0.00 |