## LIST OF ADDENDA

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THERE IS ONE INFANT FORMULA SUPERIOR THAT

THE OTHER

### **ADDENDUM A:** POINT-OF-PURCHASE QUESTIONNAIRE

i)	Point-of-Purchase Questionnaire									
Respondent						1,2,3 Area				4,5
Once a cons	umer has selected an infant formula with the intention to purchase i	it, ask her the following q	uestions:	:-						
1.	FACTORS INFLUENCING DECISION TO PURCHASE.									
Wh	at influenced your decision to select this particular brand?									
A	В					C		D		
1.1.	Because it claims to provide a specific health benefit?	Yes		6	1.1.1.	Which health claim influenced you to buy this product?	a)	Any claim relating to similarity with		7
		-go to 1.1.1.						breastmilk		
		No					b)	Any claim relating to immunity		
							c)	Any claim relating to illness/disease	7	
							-/	management, Please specify:-		
							d)	Other: Please specify		
							,			ADDONES AN INCIDENT
									University	of Pretoria
1.2.	Because of its nutrient composition?	Yes-go to 1.2.1.		8	1.2.1.	Which specific nutrient influenced you to buy this	Please s	pecify	CHIVETSHY	01110110
1.2.	because of its nutrient composition:	1 C3-g0 to 1.2.1.		0	1.2.1.	product?	1 icase s	pecify		
		No				product:	1			
1.3.	Because the product is free from certain ingredients?	Yes-go to 1.3.1.		10	1.3.1.	Which ingredient(s) is it free from?	Please s	a sife.		11
1.3.	Because the product is free from certain ingredients:			10	1.3.1.	which nigredient(s) is it free from?	riease s	pecity		11
		No	_	1 10		I was a second of the second o	I m	- 4		12
1.4.	Because of its labeling?	Yes-go to 1.4.1.		12	1.4.1.	Which aspect(s) of its labeling?	Please s	pecify		13
		No								
1.5.	Because the packaging was appealing?	Yes		14					•	
		No								
1.6.	Because someone advised you to buy it?	Yes-go to 1.6.1		15	1.6.1.	Who advised you to buy it?	a)	A pediatrician		16
		No					b)	A nurse		
							c)	A dietician	1	
							d)	A pharmacy employee	7	
			1				e)	A doctor	1	
							f)	A friend	1	
			-				g)	A family member	1	
			-				h)	Another consumer	-	
		+	+					Other: Please specify	<del>- </del>	1
1.7	D	W 1.7.1	_	17	171	Wh	i)			10
1.7.	Because you were influenced by an advertisement?	Yes-go to 1.7.1.		17	1.7.1.	Where was it advertised?	a)	In a magazine or journal		18
		No					b)	In a store leaflet		
							c)	On the internet		
							d)	Other: Please specify		
1.8.	Because it was on promotion or special?	Yes-go to 1.8.1.		19	1.8.1.	How was it promoted?	a)	Buy one get one free		20
		No					b)	In-store stand or Gondola end		
							c)	Reduced price		
							d)	Other: Please specify		
1.9.	Because your child likes it?	Yes		21						
		No								
1.10.	Because it is reasonably priced?	Yes		22		7				
	, p	No								
1.11.	Because you always buy it? (i.e. Brand loyalty, or automatic	Yes		23						
1.11.	choice, habitual)	103		2.5						
	choice, habituary	No								
1.12	Because it has been on the market for long?	Yes		24						
1.12.	Decause it has been on the market for long;			24		┥				
1.12	D	No	$\vdash$	25		=				
1.13.	Because you have seen it being used at a hospital?	Yes		25		╡				
		No	$\overline{}$			4				
1.14.	Because it is never out-of-stock?	Yes		26		<b></b>				
		No								
1.15.	For convenience purposes	Yes		27						
		No								
1.16.	Are there any other factors that influenced your choice?	Yes-go to 1.15.1.		28	1.5.1.	Please specify				29
	• • • • • • • • • • • • • • • • • • • •	No				1				

2	FACTORS THAT HAD THE GREATEST INFLUENCE ON THE DECISION	TO PURCHASE	
2.1.			30

		FORMUL	
5.			

Do not know/Uncertain

3.	. SELECTED INFANT FORMULA				4. 1	DEMOGRAPHIC
3.1	Which brand of infant formula did you select?	31	I	4.0.	What is y	our age in years?
a)	Please specify:			4.1.	Ethnic gr	
3.2.	Is it a starter or follow-up formula?	32				
a)	Starter					
b)	Follow-up					
3.3.	What is the age of the child/ren you intend giving the infant formula in months?	33		4.2.	Highest E	ducation obtained
a)	Please specify:-					
3.4.	When did you intend to buy this brand?	34				
a)	Never					
b)	In-store					
c)	Before entering the store			4.3.	What is y income pe	our combined fan er month?
d)	Other: Please specify			4.4.	Current e	employment
3.5.	Do you always buy this brand?	35	1			
a)	Yes		1			
b)	No-go to 3.5.1.					
3.5.1.	Which brand have you previously bought instead of this one (i.e. Brand switching)?	36				
a)	Please specify			4.5.	Occupation	on
b)	Cannot remember			4.6.	Marital S	tatus
3.5.2.	For what reason did you not buy the brand that you always buy? (i.e. Reasons for Brand Switching)	37				
a)	It was out of stock					
b)	It is not nutritionally good for the baby					
c)	To manage a disease condition				1	
d)	Its nutrient composition				1	
e)	Price				•	
f)	Other, please specify:-					
3.6.	Do you understand the difference between the different types of infant formulas?	38				
a)	Yes					
b)	No No					
3.7.	Do you feel you had enough information to make the choice that you have just made?	39				
a)	Yes- go to 3.8.1.		3.8.1.a)			information when ding? Please speci
			b)	Who is	your source of	information when t Formula? Please
b)	No- go to 3.8.2.		3.8.2.			e well-informed in
c)	Do not know/Uncertain					
3.8.	Do you consider one infant formula superior than the other?	42	1			
a)	Yes- go to 3.9.1.		3.9.1.	Please s reason.	pecify your	
b)	No- go to 3.9.2.		3.9.2.		pecify your	

#### 4. DEMOGRAPHIC INFORMATION

	4. DEMOGRAPHIC INFOR	MATION			
4.0.	What is your age in years?				46
4.1.	Ethnic group	a)	Black		47
		b)	White		
		c)	Indian		
		d)	Coloured		
4.2.	Highest Education obtained	a)			48
	_		Lower than Matric		
		b)	Matric		
		c)	Diploma/Certificate		
		d)	Degree		
		e)	Post-graduate qualification		
4.3.	What is your combined family	Please specif	y:-		49
	income per month?	-			
4.4.	Current employment	a)	Unemployed		50
		b)	Full-time job		
		c)	Part-time job		
		d)	Self-employed		
		e)	Student		
4.5.	Occupation	Please specif	y:-		51
4.6.	Marital Status	a)	Single		52
			Single, part of extended		
		b)	family		
		c)	Married		
		d)	Cohabiting		
		e)	Divorced		
		g)	Widowed	1 1	

3.8.1.a)	Who is your source of information when it comes		40
	to general Infant Feeding? Please specify:-		
b)	Who is your source of information when it comes		
	to the choice of Infant Formula? Please specify:-		
3.8.2.	Would you prefer to be well-informed in future?		41

ricuse speeing your		1.5	
reason.			
Please specify your		44	
reason.			

### **ADDENDUM B:** CONSENT FORM FOR PARTICIPANTS (I.E. MOTHERS AND/OR CAREGIVERS)



Consent Form for Mothers and/or Caregivers

#### AUTHORISATION TO PARTICIPATE IN A RESEARCH PROJECT

#### TITLE OF THE STUDY

Factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants

#### 1) THE NATURE AND PURPOSE OF THIS STUDY

This study is conducted mainly to find out the factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants. I would therefore like to ask you a few questions about why you intend to purchase the infant formula you just selected off the shelf.

#### 2) EXPLANATION OF PROCEDURES TO BE FOLLOWED

This study involves answering some questions with regard to your reasons for choosing the brand of infant formula you just did.

#### 3) RISK AND DISCOMFORT INVOLVED

There are no risks involved in participating in this study, and it will only take up to five minutes of your time. You are encouraged to answer truthfully as there are no wrong or right answers.

#### 4) POSSIBLE BENEFITS OF THIS STUDY

The findings of this study will contribute to understanding consumer behaviour and therefore help institutions such as the Department of Health in the planning nutrition of education programmes in the field of infant feeding.

- 5) If you do not want to partake in this study, you are entitled to decline.
- 6) You may at any time withdraw from this study.
- INFORMATION. If you have any questions concerning this study, you should contact: Ms. Tshikovhi MP, Tel: 082 429 3900.

#### 8) CONFIDENTIALITY AND ANONYMITY

All records obtained whilst in this study will be regarded as confidential, and your information will not be traceable. The results will be presented and published in such a fashion that participants remain unidentifiable.

#### 9) CONSENT TO PARTICIPATE IN THIS STUDY

The implication of completing the questionnaire is that informed consent has been obtained from you. Thus any information derived from answering the questionnaire may be used for e.g. publication, by the person in charge.

## **ADDENDUM C:** CONSENT FORMS FOR THE STORES AND PHARMACY WHERE DATA WERE COLLECTED



Consent Form for the Store Management

Consen	it Form for the Store Management	
AU		ORE AS A POINT OF DATA COLLECTION FOR THE SEARCH PROJECT
Name of	of Store:	
TITLE	OF THE STUDY	
Factors	s that influence mothers and/or caregivers	to purchase specific brands of infant formulas for their infants
1)	THE NATURE AND PURPOSE OF	THIS STUDY
brands o		ctors that influence mothers and/or caregivers to purchase specific uld therefore like to ask some of your customers a few questions mulas they have selected off the shelf.
2)	EXPLANATION OF PROCEDURE	ES TO BE FOLLOWED
choosing aisle wa	ng the brand of infant formula they wou aiting for the mothers and/or caregivers to	by the mothers and/or caregivers with regard to the reasons for ald have chosen. The researcher will stand on the infant formula to pick an infant formula from the shelf. Every customer who takes of buying will be asked questions by the researcher.
3)	RISK AND DISCOMFORT INVOL	VED
		regivers participating in this study, and it will only take up to five o answer truthfully as there are no wrong or right answers.
4)	POSSIBLE BENEFITS OF THIS S	FUDY
		nderstanding consumer behaviour and therefore help institutions g nutrition education programmes in the field of infant feeding.
5)	If you do not want the customers in	your store to partake in this study, you are entitled to decline.
6)	The customers may at any time with	draw from this study.
7)	INFORMATION. If you had Ms. Tshikovhi MP, Tel: 082	ave any questions concerning this study, you should contact: 429 3900.
custome	ords obtained whilst in this study will b	YMITY be regarded as confidential, and the information provided by the ll be presented and published in such a fashion that participants
		THIS STUDY e is that informed consent has been obtained from you. Thus any nnaire may be used for e.g. publication, by the person in charge.
Store	e Manager's name	Store Manager's signature

### AUTHORISATION TO USE YOUR STORE AS A POINT OF DATA COLLECTION FOR THE RESEARCH PROJECT

Name of Store: Dischen Certifica

#### TITLE OF THE STUDY

Factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants

#### 1) THE NATURE AND PURPOSE OF THIS STUDY

This study is conducted mainly to find out the factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants. I would therefore like to ask some of your customers a few questions about why they intend to purchase the infant formulas they have selected off the shelf.

#### 2) EXPLANATION OF PROCEDURES TO BE FOLLOWED

This study involves the answering of questions by the mothers and/or caregivers with regard to the reasons for choosing the brand of infant formula they would have chosen. The researcher will stand on the infant formula aisle waiting for the mothers and/or caregivers to pick an infant formula from the shelf. Every customer who takes an infant formula off the shelf with the intention of buying will be asked questions by the researcher.

#### 3) RISK AND DISCOMFORT INVOLVED

There are no risks involved in mothers and/or caregivers participating in this study, and it will only take up to five minutes of their time. They will be encouraged to answer truthfully as there are no wrong or right answers.

#### 4) POSSIBLE BENEFITS OF THIS STUDY

The findings of this study will contribute to understanding consumer behaviour and therefore help institutions such as The Department of Health in the planning nutrition education programmes in the field of infant feeding.

- If you do not want the customers in your store to partake in this study, you are entitled to decline.
- 6) The customers may at any time withdraw from this study.
- 7) INFORMATION.
  should contact:

  If you have any questions concerning this study, you
  Ms. Tshikovhi MP, Tel: 082 429 3900.

#### 8) CONFIDENTIALITY AND ANONYMITY

All records obtained whilst in this study will be regarded as confidential, and the information provided by the customers will not be traceable. The results will be presented and published in such a fashion that participants remain unidentifiable.

#### 9) CONSENT TO PARTICIPATE IN THIS STUDY

The implication of completing the questionnaire is that informed consent has been obtained from you. Thus any information derived from answering the questionnaire may be used for e.g. publication, by the person in charge.

Store Manageris name
ENTURION APTEEK
POSBUS 11837

CENTURION, 0046 FEL: (012) 663 9363 Store Manager's signature

### AUTHORISATION TO USE YOUR STORE AS A POINT OF DATA COLLECTION FOR THE RESEARCH PROJECT

Name of Store: PICK & PAY CENTURICA SIPERMEKET

#### TITLE OF THE STUDY

Factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants

#### 1) THE NATURE AND PURPOSE OF THIS STUDY

This study is conducted mainly to find out the factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants. I would therefore like to ask some of your customers a few questions about why they intend to purchase the infant formulas they have selected off the shelf.

#### 2) EXPLANATION OF PROCEDURES TO BE FOLLOWED

This study involves the answering of questions by the mothers and/or caregivers with regard to the reasons for choosing the brand of infant formula they would have chosen. The researcher will stand on the infant formula aisle waiting for the mothers and/or caregivers to pick an infant formula from the shelf. Every customer who takes an infant formula off the shelf with the intention of buying will be asked questions by the researcher.

#### 3) RISK AND DISCOMFORT INVOLVED

There are no risks involved in mothers and/or caregivers participating in this study, and it will only take up to five minutes of their time. They will be encouraged to answer truthfully as there are no wrong or right answers.

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The findings of this study will contribute to understanding consumer behaviour and therefore help institutions such as The Department of Health in the planning nutrition education programmes in the field of infant feeding.

- If you do not want the customers in your store to partake in this study, you are entitled to decline.
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- 7) **INFORMATION.** If you have any questions concerning this study, you should contact: Ms. Tshikovhi MP, Tel: 082 429 3900.

#### 8) CONFIDENTIALITY AND ANONYMITY

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#### 9) CONSENT TO PARTICIPATE IN THIS STUDY

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Store Manager's name

Store Manager's signature

### AUTHORISATION TO USE YOUR STORE AS A POINT OF DATA COLLECTION FOR THE RESEARCH PROJECT

Name of Store: Pick in Pay Conturion Lifestyle Centre

#### TITLE OF THE STUDY

Factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants

#### 1) THE NATURE AND PURPOSE OF THIS STUDY

This study is conducted mainly to find out the factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants. I would therefore like to ask some of your customers a few questions about why they intend to purchase the infant formulas they have selected off the shelf.

#### 2) EXPLANATION OF PROCEDURES TO BE FOLLOWED

This study involves the answering of questions by the mothers and/or caregivers with regard to the reasons for choosing the brand of infant formula they would have chosen. The researcher will stand on the infant formula aisle waiting for the mothers and/or caregivers to pick an infant formula from the shelf. Every customer who takes an infant formula off the shelf with the intention of buying will be asked questions by the researcher.

#### 3) RISK AND DISCOMFORT INVOLVED

There are no risks involved in mothers and/or caregivers participating in this study, and it will only take up to five minutes of their time. They will be encouraged to answer truthfully as there are no wrong or right answers.

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- 6) The customers may at any time withdraw from this study.
- 7) INFORMATION. If you have any questions concerning this study, you should contact: Ms. Tshikovhi MP, Tel: 082 429 3900.

#### 8) CONFIDENTIALITY AND ANONYMITY

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Store Manager's name

Store Manager's signature



### AUTHORISATION TO USE YOUR STORE AS A POINT OF DATA COLLECTION FOR THE RESEARCH PROJECT

Name of Store: HTTLYN (Shoprite Atteridgeville)

#### TITLE OF THE STUDY

Factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants

#### 1) THE NATURE AND PURPOSE OF THIS STUDY

This study is conducted mainly to find out the factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants. I would therefore like to ask some of your customers a few questions about why they intend to purchase the infant formulas they have selected off the shelf.

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This study involves the answering of questions by the mothers and/or caregivers with regard to the reasons for choosing the brand of infant formula they would have chosen. The researcher will stand on the infant formula aisle waiting for the mothers and/or caregivers to pick an infant formula from the shelf. Every customer who takes an infant formula off the shelf with the intention of buying will be asked questions by the researcher.

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There are no risks involved in mothers and/or caregivers participating in this study, and it will only take up to five minutes of their time. They will be encouraged to answer truthfully as there are no wrong or right answers.

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- 5) If you do not want the customers in your store to partake in this study, you are entitled to decline.
- 6) The customers may at any time withdraw from this study.
- 7) INFORMATION. If you have any questions concerning this study, you should contact: Ms. Tshikovhi MP, Tel: 082 429 3900.

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Store Manager's name

Store Manager's signature

AUTHORISATION TO USE YOUR STORE AS A POINT OF DATA COLLECTION FOR THE RESEARCH PROJECT

#### TITLE OF THE STUDY

Name of Store:

Factors that influence mothers and/or caregivers to purchase specific brands of infant formulas for their infants

#### 1) THE NATURE AND PURPOSE OF THIS STUDY

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#### 3) RISK AND DISCOMFORT INVOLVED

There are no risks involved in mothers and/or caregivers participating in this study, and it will only take up to five minutes of their time. They will be encouraged to answer truthfully as there are no wrong or right answers.

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- 6) The customers may at any time withdraw from this study.
- 7) **INFORMATION.** If you have any questions concerning this study, you should contact: Ms. Tshikovhi MP, Tel: 082 429 3900.

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Store Manager's name

KCHAEL

PRITE QUAGGA CENTRE 7094 317 QUAGGA ROAD

PRETORIA WEST

Store Stamp:

Store Manager's signature

### **ADDENDUM D:** OTHER FACTORS WHICH INFLUENCED THE PARTICIPANTS' DECISION TO PURCHASE (n=96)

- 1. "It comes in a 1, 8 kg can".
- 2. "The baby gains weight better when on this milk as compared to his brother who was on a different milk".
- 3. "It is for the baby's development".
- 4. "My own reading".
- 5. "I have to go back to school and I want the baby to get used to formula. I do not have sufficient milk".
- 6. "My sister and friends used it for their babies and the babies did well on it. Good report from family and friends".
- 7. "It is healthier for the baby and my baby never got sick on it".
- 8. "It does not turn sour quickly if left in a bottle".
- 9. "If something is good, people talk about it a lot and one ends up buying it".
- 10. "It is a well-known brand".
- 11. "The dietician recommended that it is good for hungrier babies".
- 12. "The baby is going to be weaned-off the breast".
- 13. "Nan causes constipation, whereas other milks may not cause it".
- 14. "It is easy to find".
- 15. "I just wanted to try something new that could help the constipation resolve".
- 16. "S26 Promil 2 is a good milk. Nan is too rich, it can cause reflux".
- 17. "Experience has taught me that Nan is the best and my mother fed me Nan as a baby".
- 18. "It is tried and tested; my babies were raised on it".
- 19. "It is the most best used milk".
- 20. "I was influenced by the advertisement of other Nestle products on TV".
- 21. "To supplement breastmilk".
- 22. "I am on antibiotics, and they give my baby diarrhoea".
- 23. "A lot of people say it is good. S26 Promil 2 is lighter than Nan 2. Nan 2 constipates my baby".
- 24. "The child gains weight on Novolac AR".
- 25. "Our family used Lactogen".
- 26. "The baby's eczema has disappeared, and the tolerance is good".
- 27. "The baby did not tolerate S26 1".
- 28. "The baby was not satisfied on Nan 1".
- 29. "I has to go back to work".
- 30. "The baby was not getting full on breastmilk".
- 31. "It is nutritionally complete; it has all the nutrients that my baby needs".
- 32. "I needed a soya formula for diarrhoea prevention".
- 33. "Nan is a good brand".
- 34. "I am a vegetarian, so should my baby".
- 35. "I did not like breastfeeding my baby. Nan 1 is the best and the first choice if breastmilk cannot be done. S26 is too rich and can cause constipation".

# **ADDENDUM D:** OTHER FACTORS WHICH INFLUENCED THE PARTICIPANTS' DECISION TO PURCHASE (n=96) (contd...)

- 36. "My milk supply has decreased".
- 37. "I have good experience with Nan 2.My first born used it and tolerated it very well".
- 38. "According to word-of-mouth it is sweeter than other milks".
- 39. "I just tried it, and the baby tolerated it well and grows well on it".
- 40. "Nan is too rich and it has caused the baby increased respiratory tract secretions".
- 41. "Because Infacare AR has helped with reflux before".
- 42. "It is heavier than Nan and it satisfies the baby's hunger".
- 43. "The baby tolerates it well. It digests well and it is a good milk".
- 44. "Nan HA is not Halaal because it has been in contact with pork enzymes".
- 45. "To use it as a transitional feed".
- 46. "Nan HA 2 is thicker; the baby only agrees to drink Nan HA 1".
- 47. "It is good for my baby and my baby grows well on it".
- 48. "My older children did well on Nan 1".
- 49. "I got the information from the internet".
- 50. "Family members have used it before".
- 51. "To supplement breastmilk because it is said that babies nee more nutrients after 6 months, breastmilk alone is not enough".
- 52. "The baby has stopped breastfeeding and I have also been told that Nan is the best".
- 53. "It is nutritionally adequate and the baby gains weight on it".
- 54. "I just tried it out and it worked".
- 55. "It is good milk".
- 56. "The baby has not got any problems with Nan".
- 57. "My baby does not want to breastfeed".
- 58. "I trust Purity. It is a good brand".
- 59. "It is a highly recommended and trusted brand".
- 60. "S26 Gold Promil 2 is the best".
- 61. "I have stopped breastfeeding".
- 62. "Nan HA 2 is out-of-stock".
- 63. "Because it is closest to mother's milk".
- 64. "The baby was never breastfed".
- 65. "I had it as a child and it is the only goat's milk on the market".
- 66. "This is the only brand I know".
- 67. "S26 Promil 2 was out-of-stock".
- 68. "Of all milks the milks I have tried, this is the one I chose to use".
- 69. "It keeps the baby fuller for a longer period".
- 70. "I am on medication that contraindicates breastfeeding".
- 71. "It is the closest to human milk. I had a choice between Aspen and Nestle' and I cannot use Nestle' products because of the Lactogen recall".
- 72. "It is good quality milk imported from France".
- 73. "My sister used it for her baby".
- 74. "Because it comes in a box".
- 75. "Novolac has a wider range".
- 76. "It does not have lactose".
- 77. "The baby did not like Nan 1".

## **ADDENDUM E:** PURCHASED INFANT FORMULAS CATEGORIZED ACCORDING TO NAME OF THE MANUFACTURER

Nestle' (52%)			Aspen (2	2%)		Abbot	t (13	3%)	Novolac	(10	<b>%</b> )	Purity	7 (2	<b>%</b> )	G-F] (1%)			Chev (Alpri (1%)	i)	
	n	%		n	%		n	%		n	%		n	%		n	%		n	%
Nan 2	32	16.0	S26 Gold	15	7.5	Isomil 2	21	10.5	Novolac 1	1	0.5	Purity 2	4	2.0	G- FIX	1	0.5	Alpi	1	0.5
Nan 1	22	11.0	Infacare Soya 1	1	0.5	Isomil 1	5	2.5	Novolac AC 2	1	0.5								•	
Lactogen 2	13	6.50	Infasoy 1	1	0.5		•	•	Novolac IT 2	1	0.5									
Nan HA	13	6.50	S26 LF	1	0.5				Novolac SD	1	0.5									
Alfare'	1	0.5	S26 Promil 2	8	4.0				Novolac AR 1	6	3.0									
Lactogen 1	7	3.5	S26 Promil Gold 2	6	3.0				Novolac AR 2	5	2.5									
Nan Pelargon	7	3.5	Infacare 2	3	1.5				Novolac IT 1	3	1.5									
Nan Lactose Free	5	2.5	Infasoy 2	3	1.5				Novolac 2	2	1.0									
Nan HA	4	2.0	Infacare1	2	1.0															
	•	•	Infacare Soya 2	2	1.0															
TOTAL T	104		S26 1	2	1.0		26	12		-	10		_			-	0.5		1 4	10.5
<b>TOTAL</b>	104	52		44	22	1	26	13		20	10	1	4	2.0		1	0.5		1	0.5

# **ADDENDUM F:** THE REASONS FOR SWITCHING INFANT FORMULA BRANDS, AND THE BRANDS THAT WERE USED BEFORE THE SWITCH OCCURRED

	Switched to (i.e. The	
	chosen brand at point of	
Switched from (n=50)	purchase)	Reason for switching brands
	Infasoy 2	First-time buyer
	Isomil 2	Mother on medication
	Lactogen 1	First-time buyer
	Nan 1	First-time buyer
	Nan 1	First-time buyer
	Nan 1	First-time buyer
	Nan 1	Lack of satiety on breastmilk
	Nan 2	First-time buyer
		To wean the baby off
	Nan 2	breastmilk
	Nan HA 1	First-time buyer
	Nan HA 1	First-time buyer
	Nan Pelargon	To give the baby extra feeds
		Insufficient breastmilk
	Novolac 1	production
		Insufficient breastmilk
Breastmilk	S26 Gold Promil 2	production
	S26 Promil 2	First-time buyer
Cannot remember	S26 Gold 1	Constipation
Infacare 1	Novolac AR 1	Reflux
	Nan 2	The baby lost some weight
Lactogen 1	Nan 2	Allergy management
	Isomil 1	Constipation
	Infasoy 1	Allergy management
	Isomil 1	Allergy management
	Isomil 1	Allergy management
	Lactogen 1	Vomiting
	Lactogen 1	Lack of satiety
	Lactogen 1	Constipation
	Nan HA 1	Constipation
	Novolac AR 1	Vomiting
	Novolac AR 1	Reflux
Nan 1	S26 Gold 1	Constipation
	S26 Gold 1	Constipation

# **ADDENDUM F:** THE REASONS FOR SWITCHING INFANT FORMULA BRANDS, AND THE BRANDS THAT WERE USED BEFORE THE SWITCH OCCURRED (contd....)

Switched from (n=50)	Switched to (i.e. The chosen brand at point of purchase)	Reason for switching brands
Nan 2	Nan Pelargon	Reflux and inflammation
	Isomil 1	Constipation and nappy rash
	Purity 2	Out-of-stock
	Nan 1	Price
		The baby had diarrhoea while
	Isomil 1	on it
		The baby refuses to drink Nan
Nan HA 1	S26 Gold Promil 2	HA
	Novolac IT 1	Constipation
Nan HA 2	Lactogen 2	Out-of-stock
Nan Pelargon	Nan 2	Constipation
Novolac AC 1	Novolac IT 1	Constipation
Novolac AR 2	G-FIX	Diarrhoea
Novolac IT 2	S26 Gold Promil 2	Out_stock
Nutramigen 1	Novolac AR 2	Reflux
	Lactogen 1	Constipation
	Nan 1	
S26 1	Infacare Soya 1	Lactose intolerance
	S26 LF	Transitional feed
S26 Gold 1	Nan HA 1	Constipation
S26 Promil 2	Novolac IT 2	Constipation

## ADDENDUM G: REASONS THAT THE PARTICIPANTS GAVE FOR MENTIONING THAT THEY CONSIDER ONE INFANT FORMULA SUPERIOR THAT THE OTHER

- 1. "Nan causes constipation, whereas other milks may not cause it".
- 2. "There has to be a difference, but I do not know exactly what it is".
- 3. "I consider nutrient composition the most important. With Lactogen the baby used to have a lot of secretions on the respiratory tract, and their amounts have reduced with S26 Gold".
- 4. "Purity is the preferred brand and it works well".
- 5. "Taste and nutrient composition".
- 6. "Because it sells faster".
- 7. "The higher the price, the better the quality. If it is a therapeutic formula, it is good, for example Nan is better than Lactogen. and Nestle' products are better than Infacare products".
- 8. "It is superior that the other milks if it is recommended by hospital staff".
- 9. "The manufacturer, Nestle' products are superior to other products".
- 10. "If the baby tolerates it, it is good milk".
- 11. "Whatever milk that makes the baby grows better on is the best".
- 12. "All the babies in our family liked S26. If the baby likes the milk, it means is a good one".
- 13. "Whatever milk that the baby tolerates better is the best. Nan 1 is very rich, whereas S26 Gold 1 is just okay".
- 14. "Recommendation by a health care professional".
- 15. "Nutrient composition. If it has iron, omega three and six fatty acids, it is the best milk".
- 16. "Nutrient composition. The presence of vitamins makes Lactogen superior to other milks".
- 17. "If the baby sleeps through the night, indicates that the milk is a good one".
- 18. "New milks are not natural. They have a lot of additives, in that way they make babies sick. Old milks like Lactogen are more natural."
- 19. "It depends on the taste of the baby."
- 20. "When compare the milks, the one that has enough iron and not too much fat is good".
- 21. "If it gives good results, it is superior".
- 22. "Word-of-mouth, S26 is the best".
- 23. "Novolac is better than S26 and Nan. If the baby tolerates the milk well, it is a good one".
- 24. "S26 is the best; the nutrients are higher than in the other milks".
- 25. "The higher the price, the better the quality. If it is similar to breastmilk, for example Nan Pelargon has a sour taste similar to that of breastmilk".
- 26. "The higher the price, the better the quality. Recommendation by a Paediatrician. Infasoy is better".

# ADDENDUM G: REASONS THAT THE PARTICIPANTS GAVE FOR MENTIONING THAT THEY CONSIDER ONE INFANT FORMULA SUPERIOR THAT THE OTHER (contd...)

- 27. "If it has been on the market for long, the manufacturer is experienced. It is our family tradition to buy Nan".
- 28. "The milk's nutrient composition".
- 29. "Alpi, because first baby tolerated it well".
- 30. "Nan 1, because my sister uses it".
- 31. "Good past experience with S26. My kids did well on it".
- 32. "Nan 1 because it is good for my baby".
- 33. "S26, because it is good for my son".
- 34. "Nan 2, because it is good for the health of my baby".
- 35. "Nan is a good milk. A lot of people prefer it for their babies".
- 36. "Nan is a familiar and the most preferred brand".
- 37. "Nan is preferred by most moms, the higher the price, the better and the quality".
- 38. "S26 Promil 2. The higher the price, the better the quality".
- 39. "Nan, because most kids tolerate it".
- 40. "Purity, because it is well balance it terms of nutrients when compared to other baby milks".
- 41. "S26 Gold, it is said to be closer to mother's milk".
- 42. "S26 Gold, because it is the closest to breastmilk or natural milk".
- 43. "Nan 2, because it is closer to breastmilk".
- 44. "Nan HA, because it is the closest to breastmilk".
- 45. "Novolac, the range has milks for all conditions".
- 46. "S26, because of the good results and that my sister brought up her children on it".
- 47. "Novolac, because it solved our friends' problems".
- 48. "Nan HA2, because it is hypoallergenic. You will never know when your baby has allergies".
- 49. "Nan, because it works well for my baby".
- 50. "Any milk with DHA and ARA because they are good for brain development".
- 51. "S26 Gold because it has DHA and ARA".
- 52. "S26 Gold because it has DHA and ARA".
- 53. "Nan 1, because the Paediatrician recommends it".
- 54. "Nan, because it is the nearest to breastmilk and because of the special ingredients it contains".
- 55. "It is the best if it does not make babies fat".
- 56. "It is the only good brand I know about".
- 57. "Lactogen 2, because it works well for my baby. I like Nestle products".
- 58. "S26 Gold, because my children are healthy on it".
- 59. "Infacare, because it works for my baby".
- 60. "Novolac, because it has the precursors of all the necessary omega oils, i.e. DHA and ARA. The baby tolerates it better. It smells better. It has a yellowish colour similar to that of breastmilk, indicating that it is closer to breastmilk. Novolac has a wide range, where you can switch the milks around".
- 61. "Nan HA, because it is hypoallergenic and that it is used in hospitals".

**ADDENDUM G:** REASONS THAT THE PARTICIPANTS GAVE FOR MENTIONING THAT THEY CONSIDER ONE INFANT FORMULA SUPERIOR THAT THE OTHER (contd...)

The reasons that the participants gave for mentioning that they consider one infant formula superior that the other (continued).

- 62. "Isomil, because my baby tolerates it well".
- 63. "Novolac, because it has a wider range, and that my baby tolerates it well".
- 64. "Nan range because it has an HA".
- 65. "S26 Gold, it has a yellowish colour, indicating that it is a richer better milk".

# ADDENDUM H: REASONS THE PARTICIPANTS GAVE FOR MENTIONING THAT THEY DO NOT CONSIDER THAT THERE IS ONE INFANT FORMULA SUPERIOR THAT THE OTHER

- 1. "It depends on the needs of the baby".
- 2. "There are different milks for different needs .Babies have different needs, which is the reason why there are different types of milks".
- 3. "All milks are the same, it is all milk".
- 4. "I don't know".
- 5. "All milks are the same, the just have different brand names".
- 6. "The companies won't put anything on the market that is not good for babies".
- 7. "It does not matter what the baby is taking, the infant formulas basically have the same essential nutrients".
- 8. "Babies are different, one baby will tolerate another milk and another baby tolerate the other".
- 9. "The nutrient composition is the same".
- 10. "For normal babies, all formulas are the same, and for sick babies they are different, for example allergies call for a specialized formula".
- 11. "All milks are the same; there are different milks because babies are different".
- 12. "All milks are good, and it mainly depends on the needs of the baby".
- 13. "All milks are good. Every brand has got its positive aspects".
- 14. "All milks are the same; it depends on the needs of the baby".
- 15. "All milks are proven to be good for infant consumption".
- 16. "It is all milk".
- 17. "All milks are good. Manufacturers will not make something that will harm babies. There are different milks because are different and have different needs".
- 18. "They are all the same. I have tried most of them and the baby was reacting the same way with all of them".
- 19. "My Paediatrician says that the difference is only the name, the milks are all the same".
- 20. "I am not familiar with the milks".
- 21. "I have never tried other milks".
- 22. "They are the same; they all have the same vitamins and minerals".
- 23. "My baby used both S26 1 and S26 Gold 1, and there has not been a difference".
- 24. "Babies are unique and have different needs; one has to search until they find the one that their baby tolerates".
- 25. "I am only using Nan HA; I do not have information about the other infant formulas".
- 26. "It depends on the needs of the baby. All the milks are the same, except milks for special conditions".
- 27. "It depends on the needs of the baby. Mothers know that babies are not the same, and therefore there has to be a milk for each need".

#### **ADDENDUM H:**

REASONS THE PARTICIPANTS GAVE FOR MENTIONING THAT THEY DO NOT CONSIDER THAT THERE IS ONE INFANT FORMULA SUPERIOR THAT THE OTHER (contd....)

Reasons the participants gave for mentioning that they do not consider that there is one infant formula superior that the other (continued).

- 28. "It depends on the needs of the baby. Whatever the baby tolerates is better".
- 29. "All the milks are the same, unless the baby has a disease, for example allergies, then one has to change to another milk".
- 30. "I have never tried other milks. I would say Nan 2 because my baby tolerates it well".
- 31. "It is the choice of the baby".
- 32. "Babies react differently to different milks".
- 33. "It depends on what the baby prefers".
- 34. "It depends on who recommends the baby milk".
- 35. "All milks are the same; it depends on what the baby tolerates".
- 36. "I'm not familiar with the milks in South Africa".
- 37. "It depends on what the mother prefers and also on the needs of the baby".
- 38. "All the milks are the same because I got the same results with all of them".
- 39. "It depends on the needs of the baby, because there are different milks for different needs".
- 40. "The mother's preference. Whatever the mother prefers is superior".
- 41. "Because there is no infant formula that is the same as breastmilk".
- 42. "I have no experience with infant formulas".
- 43. "All the milks are well-balanced and it depends on the needs of the baby".
- 44. "I have tried almost all the milks and they did not work well for my baby".