|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Women** | | | | **Men** | | | | **Men and women** | | | |
| **60-69 years** | **70+ years** | **Total** | **p-value\*** | **60-69 years** | **70+ years** | **Total** | **p-value\*** | **60-69 years** | **70+ years** | **Total** | **p-value\*** |
| **n** | **30** | **109** | **139** |  | **6** | **18** | **24** |  | **36** | **127** | **163** |  |
| BMI (kg/m2) | 32.9 ± 6.0 | 30.0 ± 6.4 | 30.7 ± 6.4 | 0.031 | 29.8 ± 5.6 | 26.4 ± 5.6 | 27.2 ± 5.7 | 0.209 | 32.5 ± 6.0 | 29.5 ± 6.4 | 30.2 ± 6.4 | 0.012 |
| WC | 105.5 | 97.4 | 99.5 | 0.038 | 108.7 | 94.7 | 97.9 | 0.112 | 105.9 | 97.0 | 99.2 | 0.011 |
| ± 12 | ± 14.8 | ± 14.4 |  | ± 8.0 | ± 13 | ± 13 |  | ± 10.8 | ± 14.5 | ± 14.1 |  |
| **2009** | | | | | | | | | |  |  |  |
| **n** | **12** | **109** | **121** |  | **2** | **21** | **23** |  | **14** | **130** | **144** |  |
| BMI (kg/m2) | 31.6 | 29.3 | 29.5 | 0.798 | 26.6 | 25.5 | 25.6 | 0.043 | 31.6 | 28.6 | 29 | 0.033 |
| ± 4.8 | ± 5.6 | ± 5.6 |  | ± 2.3 | ± 5.5 | ± 5.2 |  | ± 5.1 | ± 5.8 | ±5.7 |  |
| WC | 98.6 | 92.6 | 93.2 | 0.913 | 95.3 | 94.2 | 94.3 | 0.071 | 97.6 | 92.9 | 93 | 0.093 |
| ± 10.0 | ± 11.4 | ± 11.3 |  | ± 6.7 | ± 11 | ± 12.9 |  | ± 9.3 | ± 11.7 | ±11.4 |  |
| **2011** | | | | | | | | | |  |  |  |
| **n** | **1** | **76** | **77** |  | **1** | **13** | **14** |  | **2** | **89** | **91** |  |
| BMI (kg/m2) | 34.5 | 31.1 | 31.1 | 0.0506 | 24.7 | 24.1 | 24.2 | 0.896 | 28.4 | 30.1 | 30.1 | 0.639 |
|  | ± 5.8 | ± 5.7 |  |  | ± 4.2 | ± 4.1 |  | ± 5.7 | ± 6.1 | ± 6.0 |  |
| WC | 104.5 | 100.8 | 100.8 | 0.619 | 92 | 93.8 | 93.6 | 0.876 | 100.3 | 99.7 | 99.7 | 0.926 |
|  | ± 3.5 | ± 12.5 | ± 12.4 |  |  | ± 10.7 | ± 10.3 | ± 7.6 | ± 12.7 | ± 12.4 |  |  |