South Africa currently has the highest number of children infected with THE human immunodeficiency virus (HIV). There is a direct link between HIV infection and malnutrition. Ready-to-use-foods (RUFs) have been developed to address malnutrition and HAVE BEEN found to be highly IN AMELIORATING MALNUTRITION. A locally developed RUF underwent nutritional analysis and sensory evaluation amongst “healthy” and HIV infected children. The RUF was found to be a good source of energy and quality protein and was acceptable to the children.

A LOCAL SOY AND PEANUT-BASED RUF WAS ACCEPTABLE TO CHILDREN AND MAY BE EFFECTIVE IN ALLEVIATING PROTEIN-ENERGY MALNUTRITION IN CHILDREN WITH HIV.