|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Author** | **Country** | **Prevalence** | | | | |
| **Sample size (n)** | **Age group (years)** | **Underweight (%)** | **Overweight (%)** | **Obese (%)** |
| Amstrong et al30 | South Africa (national) | 10 165 | 6-13 | - | 7.9-14.3 | 2.5-6 |
| Department of Health31 | South Africa (national) | 2 377 | 15-24 | - | 9.7-19.7 | 1.8-11 |
| Jinabhai et al32 | South Africa (Western Cape) | 1 272 | 13-17 | 2.6-18.4 | 4.2-20.8 | 0.9-4.2 |
| Kimani-Murage et al33 | South Africa (Elgin Court region) | 904 | 15-20 | 8 | 8 | 4 |
| Kruger34 | South Africa (Potchefstroom) | 1 257 | 10-15 | - | 6.3 | 1.6 |
| Makgae et al35 | South Africa (Elisras) | 1 802 | 6-13 | - | 0-4.6 | - |
| Monyeki, Kemper, Makgae15 | South Africa (Elisras) | 1 817 | 7-13 | - | 0-4.6 | - |
| Matsha et al36 | South Africa (Western Cape) | 1 272 | 10-16 | - | 15.7 | 30.8 |
| Naude et al37 | South Africa (Potchefstroom) | 280 | 13-18 | - | 8.8-12.1 | 3.4 |
| Reddy et al38 | South Africa (national) | 9 224 | 13-19 | 9 | 16.9 | 4 |