News from ADSA

Dietetics is a uniquely diverse profession with practices in therapy, in the community and in food service management. It is because of the diversity of our training and the phenomenal change in the practice of dietetics that continued communication and learning are necessary. I would like to first congratulate all dietitians on being able to substantiate their participation in continued professional development to the HPCSA. The HPCSA CPD audit was undertaken in 2006. Of the 592 forms that were submitted to the HPCSA, 94% of dietitians were found to be compliant.

With a few years of experience dietitians combine their basic nutrition knowledge with many other areas of expertise such as public health, consultancy, marketing, personnel management, journalism, etc. Some dietitians are using their creativity in uniquely niche areas like recipe development for industry, and planning and adaptations to restaurant menus. This overwhelming demand for dietetic experts necessitates communication and planned education events. All dietitians know the detrimental effect of conflicting information. ADSA activities seek to minimise areas of conflict and archive consensus in nutrition knowledge and practice.

I am pleased to report that most dietitians have renewed their membership for 2007 and commendations go out to all regions for undertaking branch activities. With the move to the new ADSA office communication between ADSA has reached the best level since introduction of the website. There are still areas of improvement and dietitians continue to give support in this area. For dietitians who are still struggling with access, Adrie is the contact person to sort out problems.

On the website is a list of all CEU accreditors. There is also an option of sending the application directly to the CPD office for accreditation of the event. The simple process of archiving this can be accessed on the ADSA website. Abbott kindly sponsored valuable CPD files for all ADSA members which are being distributed through ADSA branches. These files allow for the dietitian to keep CPD records for the required three-year period.

Visit the ADSA website to learn what is happening in your area of expertise. There is a mail shot on job opportunities and any urgent announcement every Tuesday that is e-mailed to members. The ADSA newsletter, which discusses the issues and events within the executive and within branches, is emailed to all members on a monthly basis.

ADSA banking details have changed. I would like to encourage those who have not registered yet to communicate with Adrie da Silva at ADSA Secretariat (011 789-1384) or ie@vdw.co.za.

Bank: ABSA Bank  
Branch: Randburg  
Branch Code: 632005  
Account Number: 9160243145