



SASPEN News: September 2023

SASPEN is honoured to be part of the innovative endeavors that is transforming healthcare. The collaborative culture of the healthcare community is promoting an attitude of excellence and innovation.

SASPEN offers an all-inclusive membership from 2023. Healthcare delegates from neighboring African countries with an interest in clinical nutrition are welcomed as full SASPEN members at no additional international cost. Membership include access to educational opportunities, interest based-working groups, updated clinical guidelines and opportunities to network within the greater field of healthcare in the context of nutrition. For more information on membership and information to access membership benefits, visit our new website @ www.saspen.co.za or contact info@saspen.co.za.

SASPEN is looking forward to representing South Africa at the 45th ESPEN Congress on Clinical Nutrition & Metabolism will take place in Lyon, France from 11–14 September 2023.

Registration is open for this year's annual congress hosted by SASPEN and Critical Care Society of Southern Africa (CCSSA). This year's congress is hosted as an "in-person event" on 12–15 October 2023 at the Boardwalk Convention Centre in Gqeberha/Port Elizabeth. The congress will feature local and international speakers with expertise in the field of clinical nutrition. The program includes exiting pre-congress workshops. Information regarding registration and congress content is available on SASPEN's website.

The SASPEN annual recognition awards will be announced at the congress. Nomination categories include: The Arina Prins Clinical Nutrition Awards for the best publication for clinical nutrition in an international journal, the best publication for clinical nutrition in a national journal, the best publication for clinical nutrition: review article, the best publication for clinical nutrition: case study; Exceptional contribution to the field of clinical nutrition and the President's Award.

The popular SASPEN PM Ward Round Club takes place monthly as an online activity. Patient case presentations create a learning platform for the therapeutic nutritional management of a variety of disease states. For information on topics, keep an eye out on our social media platforms or our website. If you are interested in presenting a case report at one of these events, please contact info@saspen.co.za.

SASPEN will be collaborating on an opportunity to attend an ESPEN LLL (life-long learning) workshop on 18 November 2023. Please visit our website for information on all upcoming educational learning opportunities and how to register for these events.

June marked the celebration of Dietitians Week 2023. The awareness campaign created awareness around the diverse faces of dietetics, promoting the profession and celebrate the different roles and role-players that make up the dietetic profession. Congratulations to Vanessa Mc Ewan on winning the baking competition and a complementary Critical Care Congress Registration. We look forward to seeing you in Gqeberha.

"Research means that you don't know, but are willing to find out", Charles F Kettering. SASPEN research grants, in partnership with ENASA, aims to encourage further studies in the field of disease-related malnutrition and to establish the role on enteral feeding in diseases related malnutrition. SASPEN invites all potential candidates to apply for the research grants. Applicants must be fully paid-up members of SASPEN. For more information, please visit our website.

SASPEN is looking forward to all the exiting upcoming events that support- educational opportunities and encourages the development and application of clinical nutritional practices in South Africa and beyond. Please join us on Facebook, Instagram, Twitter and on LinkedIn to stay informed about events and opportunities. You can visit our webpage on www.saspen.co.za for any information on the Society and our activities.