



### Nutrition congress

The Nutrition Society of South Africa (NSSA) and the Association for Dietetics in South Africa (ADSA) proudly hosted the biennial National Nutrition Congress in Muldersdrift (west of Johannesburg, South Africa) at the Misty Hills Conference Centre, 5–7 September 2018. The theme for the congress was *Nutrition: Past, Present, Future*, with 464 delegates and trade members present. The Nutrition Congress attracted delegates from South Africa and 13 different countries around the world, including France, the Netherlands, Nigeria, USA, Canada, Malawi, Uganda, Ireland, Lesotho, the United Arab Emirates, Belgium, and the Gambia. Over 100 abstracts were presented, with 10 information posters and 48 researcher posters decorating the exhibition centre.

ADSA wishes to extend its heartfelt thanks to the local organising committee of the northern branch of the NSSA and North West branch of ADSA. Their hard work and commitment to advancing our profession made for a successful and informative Nutrition Congress.

### The international congress of dietetics: ICD 2020 Cape Town

ADSA is proud to host the International Congress of Dietetics (ICD), 15–18 September 2020, which promises to be an unforgettable experience in the beautiful city of Cape Town. This is the first ICDA (International Confederation of Dietetic Associations) congress to be held on the African continent and ADSA promises to offer an unforgettable experience in the magnificent city of Cape Town. Submissions for abstracts will be open from early 2019. For more information, please go to [www.icda2020.com](http://www.icda2020.com) and like *ICD 2020 Cape Town* on Facebook, Instagram and Twitter.




Stay in touch with ADSA and help us spread the word that optimal nutrition is essential for all South Africans:

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 Blog: <http://nutritionconfidence.wordpress.com>

 Website: <http://www.adsa.org.za>

 Email: [info@adsa.co.za](mailto:info@adsa.co.za) or [adsacomms@gmail.com](mailto:adsacomms@gmail.com)

Kind regards,

Association for Dietetics South Africa (ADSA)

Executive Committee

[www.adsa.org.za](http://www.adsa.org.za)

