CONTINUING PROFESSIONAL DEVELOPMENT ACTIVITY FOR DIETITIANS
SAJCN CPD activity No. 36 – 2006

You can obtain 3 CEUs for reading the article: “Socio-economic and hygiene features of street food vending in Gauteng” and answering the accompanying questions. This article has been accredited for CEUs for dietitians. (Ref. number: DTP 06/001/02/001)

HOW TO EARN YOUR CEUs
1. Check your name and HPCSA number.
2. Read the article and answer all the questions.
3. Only ONE answer sheet may be submitted per article.
4. Indicate your answers to the questions by colouring the appropriate block in the cut-out section at the end of this questionnaire.
5. You will earn 3 CEUs if you answer more than 70% of the questions correctly. A score of less than 70% will not earn you any CEUs.
6. Make a photocopy for your own records in case your form is lost in the mail.
7. Send the cut-out answer form by mail, NOT BY FAX to: SAJCN CPD activity No. 36, c/o Department of Human Nutrition, PO Box 19063, Tygerberg, 7505 to reach the office not later than 15 June 2006. Answer sheets received after this date will not be processed.

PLEASE ANSWER ALL THE QUESTIONS

1. In this study, all information from vendors was collected with an observation form.
   [a] True   [b] False
2. Two hundred meat and/or chicken and 200 maize meal porridge samples were tested for micro-organisms.
   [a] True   [b] False
3. Approximately 250 g of food was taken as a sample with a washed and dried spoon which was dipped into alcohol and flamed.
   [a] True   [b] False
4. The samples were refrigerated at 0°C for a maximum of 24 hours before they were plated.
   [a] True   [b] False
5. Total aerobic plate count was intended to indicate the level of micro-organisms in a product.
   [a] True   [b] False
6. The results of all aerobic plate tests, except one, showed an acceptable microbial Growth range of below log 6 per gram.
   [a] True   [b] False
7. Coliforms are defined as Gram-positive rods that produce acid and gas from lactose during metabolic fermentation.
   [a] True   [b] False
8. Presence of salmonella in food samples was elicited by placing 25 g of the sample into 225 ml of buffered peptone water and incubated at 37°C for 24 hours.
   [a] True   [b] False
9. A total of 20 samples (7 meat/chicken and 13 maize porridge) tested positive for Staphylococcus aureus.
   [a] True   [b] False
10. Bacillus cereus is often associated with leftover foods and since all vendors indicated that they did not use leftovers for re-sale, no samples tested positive for B. cereus.
    [a] True   [b] False
11. Almost all (99.5 %) vendors indicated that their street food business was the main income of their household.
    [a] True   [b] False
12. The main reasons subjects in this study bought food from a specific street food vendor, in order of importance, were daily preparation of fresh food, proximity of street food vendor to work, friendliness of food vendor, and clean dishes.
    [a] True   [b] False

“Socio-economic and hygiene features of street food vending in Gauteng”
Martins JH

Please colour the appropriate block for each question
(e.g. if the answer to question 1 is a:  1) a   b   )
CONTINUING PROFESSIONAL DEVELOPMENT ACTIVITY FOR DIETITIANS

SAJCN CPD activity No. 37 – 2006

You can obtain 3 CEUs for reading the article: “Impact of the special training of community health workers on breastfeeding counselling and support in KwaZulu-Natal” and answering the accompanying questions. This article has been accredited for CEUs for dietitians. (Ref. number: DTP 06/001/02/002)

HOW TO EARN YOUR CEUs

1. Check your name and HPCSA number.
2. Read the article and answer all the questions.
3. Only ONE answer sheet may be submitted per article.
4. Indicate your answers to the questions by colouring the appropriate block in the cut-out section at the end of this questionnaire.
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PLEASE ANSWER ALL THE QUESTIONS

1. According to the SADHS, the rate of exclusive breastfeeding in infants aged 0 - 3 months at the national level was estimated to be 30%.
   [a] True  [b] False
2. The Bergville Child Survival Project trained all community health workers in breastfeeding counselling and support, using the WHO/UNICEF 40-hour breastfeeding training course.
   [a] True  [b] False
3. The findings of the study documented that infants in the control group were significantly younger than infants in the intervention group.
   [a] True  [b] False
4. The majority of the mothers in both the intervention and control groups of the study fed colostrum to their infants.
   [a] True  [b] False
5. How many of the participants in this study believed that colostrum was not good for a newborn baby?
6. Prelacteals in this article were listed as water, water-based drinks such as sugar water or juices and formula milk.
   [a] True  [b] False
7. This study documented that there was a tendency for more infants in the control group to have had diarrhoea.
   [a] True  [b] False
8. Confounding factors mentioned in this study were:
   [a] Infants in the intervention group were younger than infants in the control group
   [b] Mothers in the intervention group were less educated than mothers in the control group
   [c] both a and b  [d] neither a nor b
9. A limitation mentioned in this study was the number of community health workers who had received special training in breastfeeding management and counselling.
   [a] True  [b] False
10. The rate of breastfeeding initiation immediately after birth in this study was lower in the control group than the intervention group.
    [a] True  [b] False
11. In this study increased rates of EBF led to increased growth rates of infants.
    [a] True  [b] False
12. What percentage of families in the intervention group accessed their water from public taps?
    [a] 59.4%  [b] 62.1%  [c] 61.0%  [d] 70.6%

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HPCSA number: DT ______________ Initials: ______________
Surname as registered with HPCSA: _____________________________________________
Postal address: _______________________________________________________________________________________________________
_____________________________________________________________________________________________________________________
E-mail address: _______________________________________________________________________________________________________
Full member of: ADSA: |__| yes  |__| no  NSSA: |__| yes  |__| no  SASPEN: |__| yes  |__| no
“Impact of the special training of community health workers on breastfeeding counselling and support in KwaZulu-Natal”
Mukantwali C, Maunder EMW, Paterson M, Gibson C
Please colour the appropriate block for each question (e.g. if the answer to question 1 is a:  1) a     b     )
1) [ ] [ ]  4) [ ] [ ]  7) [ ] [ ]  10) [ ] [ ]
2) [ ] [ ]  5) [ ] [ ] [ ] [ ]  8) [ ] [ ] [ ] [ ]
3) [ ] [ ]  6) [ ] [ ]  9) [ ] [ ]  11) [ ] [ ] [ ] [ ]  12) [ ] [ ] [ ] [ ]